



EAT WELL, SPEND LESS

A COMMUNITY FORUM FOR ROSEVILLE RESIDENTS

WOODBIDGE ELEMENTARY SCHOOL
MULTIPURPOSE ROOM
515 NILES STREET
ROSEVILLE, CA 95678

Saturday, January 28, 2017 | 10am-12pm

The Health Education Council and Invest Health invite you to a community event. Hear updates on what Invest Health is doing in your neighborhoods, participate in recipe demonstrations and tastings, and receive ingredients to take home. We will provide strategies and skills to stretch your food budget and information to manage finances and start saving money.



FOR DETAILS, VISIT
WWW.HEALTHEDCOUNCIL.ORG/EVENTS

The Health Education Council is a 501(c)3 nonprofit organization dedicated to providing access, education, advocacy and training to empower individuals towards a healthy life.

The Roseville City School District does not support, sponsor, supervise, or endorse the information, activities, or events posted.

**TAKE HOME
FRESH PRODUCE!**

**HEALTHY AND
DELICIOUS
RECIPES!**

**FUN ACTIVITY FOR
KIDS!**

**MONEY
MANAGEMENT
SKILLS!**

**MEET THE INVEST
HEALTH TEAM!**

**WOODBIDGE
ELEMENTARY
SCHOOL**

**515 NILES STREET
ROSEVILLE, CA 95678**

IN THE MULTIPURPOSE ROOM