Middle School Menus **November 2026**

Reminders For Families

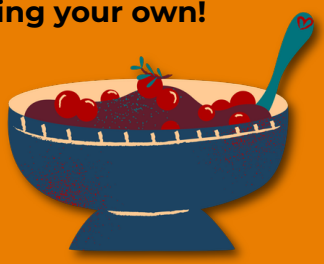
All students eat meals at no cost again this year.

Every complete meal we serve comes with choice of entree, garden bar, and your choice of low fat white or nonfat chocolate milk.

To make a lunch, choose at least one fruit/juice or veggie, and 3 to 5 items (grain, milk, protein, fruit/juice, veggie) total.

Other daily lunch options: Deli Sandwich, Soup, Large Salad, Pizza (select varieties)

Instead of canned cranberry sauce, try making your own!



It's quick, simple, and gives you the option to add less sugar per serving.

This institution is an equal opportunity provider and employer.

Monday, Nov. 2	Tuesday, Nov. 3	Wednesday. Nov. 4	Thursday, Nov. 5	Friday, Nov. 6
No School	**Breakfast** Egg-Cellent Bites With Sausage or Mini Pancakes or Continental Breakfast **Lunch** Cheese Pizza or Beef & Cheese Taco or Chef Salad	**Breakfast** Fiesta Breakfast Burrito or Cereal or Continental Breakfast **Lunch** Bean & Cheese Pupusa or Cheeseburger or Chicken Caesar Salad	**Breakfast** Taquito with Potato & Cheese or Happy Hard Boil Egg or Continental Breakfast **Lunch** Cheesy Breadsticks or Turkey & Gravy Mashed Potatoes or Mediterranean Salad	**Breakfast** Cinnamon Roll or Cereal or Continental Breakfast **Lunch** Bean & Cheese Burrito or Crunchy Fish Sticks & Chips or Asian Chicken Salad Cookie
Monday, Nov. 9	**Tuesday, Nov. 10**	**Wednesday, Nov. 11**	**Thursday, Nov. 12**	**Friday, Nov. 13**
Breakfast Sunrise Breakfast Sandwich or Cereal or Continental Breakast **Lunch** Breakfast For Lunch (French Toast, Hashbrown & Yogurt) **or** Beef Chilli & Beans or Taco Salad	**Breakfast** Yogurt Parfait or Scone or Continental Breakfast **Lunch** Cheese Pizza or Chicken Taco or Chef Salad	Veterans Day **No School**	**Breakfast** Egg-Cellent Bites w/ Sausage & Cheese or Cinni Minis or Continental Breakfast **Lunch** Cheesy Breadsticks or Orange Chiken Rice Bowl or Mediterranean Salad	**Breakfast** French Toast Sticks or Cereal or Continental Breakfast **Lunch** Grilled Cheese Sandwich or Chicken Tenders or Asian Chicken Salad Cookie

Monday, Nov. 16	Tuesday, Nov. 17	Wednesday, Nov. 18	Thursday, Nov. 19	Friday, Nov. 20
Breakfast Cheesy Breadsticks or Hot Oatmeal w/ Berries or Continental Breakfast **Lunch** Breakfast For Lunch (French Toast, Hashbrown & Yogurt) or Turkey & Cheese Sandwich or Taco Salad	**Breakfast** Egg-Cellent Bites With Sausage or Mini Pancakes or Continental Breakfast **Lunch** Cheese Pizza or Beef & Cheese Taco or Chef Salad	**Breakfast** Fiesta Breakfast Burrito or Cereal or Continental Breakfast **Lunch** Bean & Cheese Pupusa or Cheeseburger or Chicken Caesar Salad	**Breakfast** Taquito with Potato & Cheese or Happy Hard Boil Egg or Continental Breakfast **Lunch** Cheesy Breadsticks or Turkey & Gravy Mashed Potatoes or Mediterranean Salad	**Breakfast** Cinnamon Roll or Cereal or Continental Breakfast **Lunch** Bean & Cheese Burrito or Crunchy Fish Sticks & Chips or Asian Chicken Salad Cookie

Enjoy your holiday!

Monday, Nov. 23 - Friday, Nov. 27



Monday, Nov. 30				
Breakfast Cheesy Breadsticks or Hot Oatmeal w/ Berries or Continental Breakfast **Lunch** Breakfast For Lunch (French Toast, Hashbrown & Yogurt) or Turkey & Cheese Sandwich or Taco Salad				