

Menus for December 2019

Roseville City School District

*RCSD is an equal opportunity provider
Menus are subject to change*

Monday, December 2

Breakfast

ZUCCHINI BREAD,
CHOCOLATE CHIP SCONES
OR
CONTINENTAL
BREAKFAST

Lunch

CHICKEN NUGGETS
OR
BEAN & CHEESE BURRITO

Tuesday, December 3

Breakfast

PIGLETS IN A BLANKET,
YOGURT PARFAIT
OR
CONTINENTAL
BREAKFAST

Lunch

BEEF TACO
OR
CHEESE PIZZA

Wednesday, December 4

Breakfast

CINNAMON ROLL,
ORANGE SCONES,
YOGURT PARFAIT
OR
CONTINENTAL
BREAKFAST

Lunch

BBQ CHICKEN DRUMSTICK
OR
BREAKFAST FOR LUNCH

Thursday, December 5

Breakfast

CHEESE FILLED
BREADSTICKS,
STRAWBERRY SMOOTHIE
WITH BENEFIT BAR
OR
CONTINENTAL
BREAKFAST

Lunch

TURKEY & GRAVY WITH
MASHED POTATOES
OR
GRILLED CHEESE
SANDWICH

Friday, December 6

Breakfast

BREAKFAST PIZZA,
STRAWBERRY SMOOTHIE
WITH BENEFIT BAR
OR
CONTINENTAL
BREAKFAST

Lunch

TURKEY SANDWICH
OR
MACARONI & CHEESE

COOKIE

Available Daily

Every complete meal we serve
comes with choice of entrée,
garden bar and your choice of
low fat white
or non-fat chocolate milk.

BREAKFAST \$1.25

K-5 LUNCH \$3.00

Monday, December 9

Breakfast

BENEFIT BAR,
CHOCOLATE CHIP SCONES
OR
CONTINENTAL
BREAKFAST

Lunch

CHEESEBURGER
OR
BEAN & CHEESE BURRITO

Tuesday, December 10

Breakfast

FRENCH TOAST STICKS,
YOGURT PARFAIT
OR
CONTINENTAL
BREAKFAST

Lunch

CHICKEN NUGGETS
OR
GRILLED CHEESE
SANDWICH

Wednesday, December 11

Breakfast

BREAKFAST PIZZA,
ORANGE SCONES,
YOGURT PARFAIT
OR
CONTINENTAL
BREAKFAST

Lunch

CHICKEN PATTY
SANDWICH
OR
CHEESE BREADSTICKS
WITH MARINARA

Thursday, December 12

Breakfast

BREAKFAST TACO,
STRAWBERRY SMOOTHIE
WITH BENEFIT BAR
OR
CONTINENTAL
BREAKFAST

Lunch

ORANGE CHICKEN BOWL
OR
CHEESE PIZZA

Friday, December 13

Breakfast

COFFEE CAKE,
STRAWBERRY SMOOTHIE
WITH BENEFIT BAR
OR
CONTINENTAL
BREAKFAST

Lunch

FISH & CHIPS
OR
CHEESE ENCHILADAS

BIG SPOON YOGURT

Monday, December 16

Breakfast

ZUCCHINI BREAD,
CHOCOLATE CHIP SCONES
OR
CONTINENTAL
BREAKFAST

Lunch

CHICKEN NUGGETS
OR
BEAN & CHEESE BURRITO

Tuesday, December 17

Breakfast

PIGLETS IN A BLANKET,
YOGURT PARFAIT
OR
CONTINENTAL
BREAKFAST

Lunch

BEEF TACO
OR
CHEESE PIZZA

Wednesday, December 18

Breakfast

CINNAMON ROLL,
ORANGE SCONES,
YOGURT PARFAIT
OR
CONTINENTAL
BREAKFAST

Lunch

BBQ CHICKEN DRUMSTICK
OR
BREAKFAST FOR LUNCH

Thursday, December 19

Breakfast

CHEESE FILLED
BREADSTICKS,
STRAWBERRY SMOOTHIE
WITH BENEFIT BAR
OR
CONTINENTAL
BREAKFAST

Lunch

TURKEY & GRAVY WITH
MASHED POTATOES
OR
GRILLED CHEESE
SANDWICH

Friday, December 20

Breakfast

BREAKFAST PIZZA,
STRAWBERRY SMOOTHIE
WITH BENEFIT BAR
OR
CONTINENTAL
BREAKFAST

Lunch

TURKEY SANDWICH
OR
MACARONI & CHEESE

COOKIE

WINTER BREAK

Last Day of Classes
December 20
Classes Resume
January 7

OUT COLD.

Not only do
kids eat more
in the winter,
they also tend
to exercise less.



Even if it's cold where you live, you still need to be
moving for a total of at least an hour a day! Some
of that can happen indoors, but there's plenty of
outside activities that can keep you warm, too!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!