

MENUS FOR AUGUST 2018

ROSEVILLE CITY
SCHOOL DISTRICT

RCSD is an equal opportunity
provider. Menus are subject
to change.



**The original value meal
& still a fantastic deal!**

Breakfast K-5 Lunch
\$1.25 \$3.00

Pay for meals on-line at EZSchoolPay.com.
Apply on-line for free and reduced-price meals at
www.EZMealApp.com

AVAILABLE DAILY

**Every complete meal we serve
comes with choice of entrée,
garden bar and your choice of
low fat white or non-fat
chocolate milk.**

Thursday, August 9

Breakfast

CHEESE BREADSTICKS,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

Lunch

CHEESE PIZZA
OR
ORANGE CHICKEN BOWL

Friday, August 10

Breakfast

COFFEE CAKE,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

Lunch

CRUNCHY FISH STICKS
& "CHIPS"
OR
MACARONI AND CHEESE

COOKIE

Monday, August 13

Breakfast

ZUCCHINI BREAD
OR
CONTINENTAL BREAKFAST

Lunch

CHICKEN NUGGETS
OR
GRILLED CHEESE SANDWICH

Tuesday, August 14

Breakfast

PIGLETS IN A BLANKET,
YOGURT PARFAIT
OR
CONTINENTAL BREAKFAST

Lunch

ALL NATURAL BEEF TACO
OR
CHEESE PIZZA

Wednesday, August 15

Breakfast

CINNAMON ROLL,
YOGURT PARFAIT
OR
CONTINENTAL BREAKFAST

Lunch

BREAKFAST FOR LUNCH
(MINI PANCAKES HASH
BROWN & YOGURT)
OR
BBQ CHICKEN DRUMSTICK

Thursday, August 16

Breakfast

EGG AND CHEESE TACO,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

Lunch

BEAN & CHEESE BURRITO
OR
BEEF HOT DOG

Friday, August 17

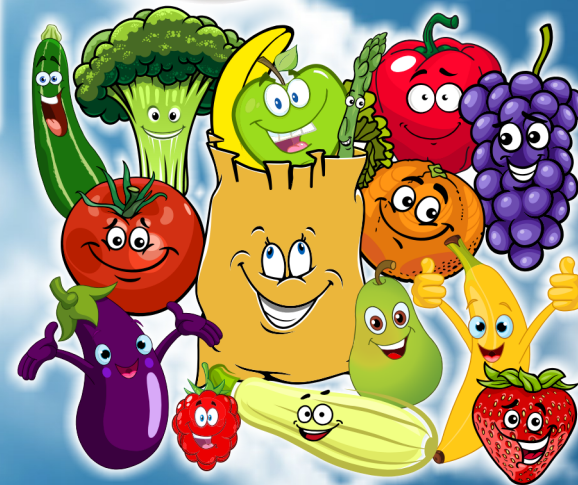
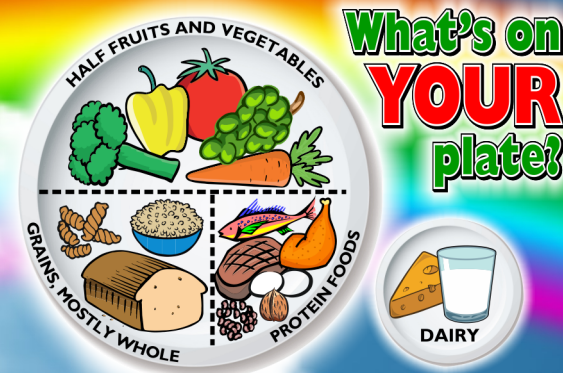
Breakfast

BREAKFAST BAGEL,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

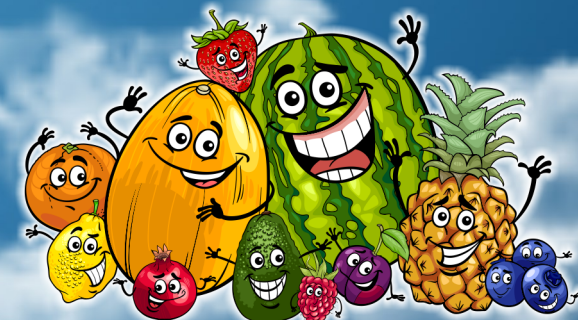
Lunch

CRUNCHY FISH STICKS
& "CHIPS"
OR
CHEESE ENCHILADAS

COOKIE



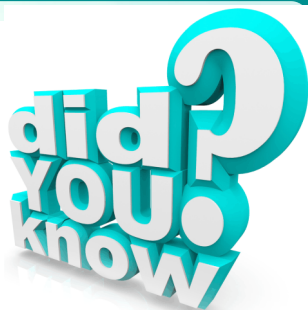
**Try to eat a
RAINBOW
of different colors!**



Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Over 80% of our menu items, and counting, meet the clean label requirements as part of our partnership with the Life Time Foundation.

www.ltffoundation.org



WE'RE LOOKING FOR A FEW EXTRA SETS OF HANDS.



JOIN OUR TEAM OF ON-CALL CAFETERIA STAFF. YOU CAN STILL BE AVAILABLE WHEN YOUR FAMILY NEEDS YOU. CALL TODAY FOR MORE INFORMATION!

(916) 771-1675

DON'T GET!

To make a lunch, choose at least one



or



ROSEVILLE CITY SCHOOL DISTRICT

Monday, August 20

Breakfast

LARGE BREAKFAST BAR
OR
CONTINENTAL BREAKFAST

Lunch

CHICKEN NUGGETS
OR
EL POLLO TAQUITO

Tuesday, August 21

Breakfast

FRENCH TOAST STICKS,
YOGURT PARFAIT
OR
CONTINENTAL BREAKFAST

Lunch

ALL NATURAL BEEF TACO
OR
CHEESE BURGER

Wednesday, August 22

Breakfast

BREAKFAST PIZZA,
YOGURT PARFAIT
OR
CONTINENTAL BREAKFAST

Lunch

TERIYAKI CHICKEN
DRUMSTICK
OR
CHICKEN PATTY SANDWICH

Thursday, August 23

Breakfast

CHEESE BREADSTICKS,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

Lunch

CHEESE PIZZA
OR
ORANGE CHICKEN BOWL

Friday, August 24

Breakfast

COFFEE CAKE,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

Lunch

CRUNCHY FISH STICKS
& "CHIPS"
OR
MACARONI AND CHEESE

COOKIE

Monday, August 27

Breakfast

ZUCCHINI BREAD
OR
CONTINENTAL BREAKFAST

Lunch

CHICKEN NUGGETS
OR
GRILLED CHEESE SANDWICH

Tuesday, August 28

Breakfast

PIGLETS IN A BLANKET,
YOGURT PARFAIT
OR
CONTINENTAL BREAKFAST

Lunch

ALL NATURAL BEEF TACO
OR
CHEESE PIZZA

Wednesday, August 29

Breakfast

CINNAMON ROLL,
YOGURT PARFAIT
OR
CONTINENTAL BREAKFAST

Lunch

BREAKFAST FOR LUNCH
(MINI PANCAKES HASH
BROWN & YOGURT)
OR
BBQ CHICKEN DRUMSTICK

Thursday, August 30

Breakfast

EGG AND CHEESE TACO,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

Lunch

BEAN & CHEESE BURRITO
OR
BEEF HOT DOG

Friday, August 31

Breakfast

BREAKFAST BAGEL,
STRAWBERRY SMOOTHIE
WITH BREAKFAST BAR OR
CONTINENTAL BREAKFAST

Lunch

CRUNCHY FISH STICKS
& "CHIPS" OR
CHEESE ENCHILADAS

COOKIE