

Menus for April

ROSEVILLE CITY SCHOOL DISTRICT

RCSD is an equal opportunity provider.
Menus are subject to change.



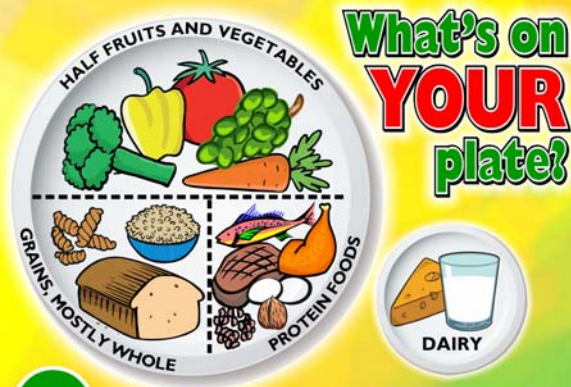
YOU'RE GETTING WARM.



One of the best ways to avoid getting hurt – playing a sport, in gym class, and even on the playground – is to stretch out a little first and start off slowly before you go all out.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Q: What's the GOOFIEST thing about a GOOBER?



A: "Goobar" is another name for a peanut, and the goofiest thing about a peanut is that it's not really a nut at all! Peanuts are really beans that grow under ground. Real nuts are sometimes called "tree nuts."

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday

Breakfast
CHEESE BREADSTICKS
OR
CONTINENTAL
BREAKFAST

Lunch
PEPPERONI PIZZA
OR
CHEESE PIZZA

Tuesday

Breakfast
PIGLETS IN A BLANKET
OR
CONTINENTAL
BREAKFAST

Lunch
CHICKEN NUGGETS
OR
GRILLED CHEESE
SANDWICH

Wednesday

Breakfast
BREAKFAST PIZZA
OR
CONTINENTAL
BREAKFAST

Lunch
CORN DOG
OR
BEAN AND CHEESE
BURRITO

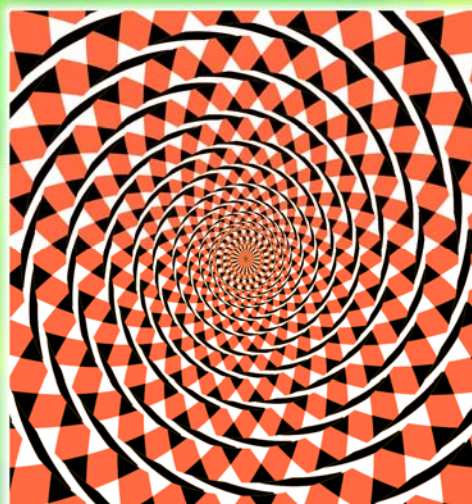
Thursday

Breakfast
FRENCH TOAST STICKS
OR
CONTINENTAL
BREAKFAST

Lunch
TURKEY TACO POCKET
OR
GRILLED CHEESE
SANDWICH

Friday

Breakfast
EGG AND CHEESE
BREAKFAST TACO
OR
CONTINENTAL
BREAKFAST
Lunch
CHEESEBURGER SLIDERS
OR
BEAN AND CHEESE
BURRITO
COOKIE



Only an Illusion

This image might look like a spiral, but it's not – it's a series of circles. The background makes it **APPEAR** to be a spiral. Try tracing one of the lines if you're not convinced. You won't move inward or outward – you'll just go around in a circle.



Available

Every complete meal we serve comes with a choice of entrée, fruit, veggies and your choice of low fat white or non-fat chocolate milk.

