

# MENUS FOR OCTOBER 2018

## AVAILABLE DAILY

*Every complete meal we  
serve comes with choice of  
entrée, garden bar and  
choice of low fat white or  
chocolate milk.*

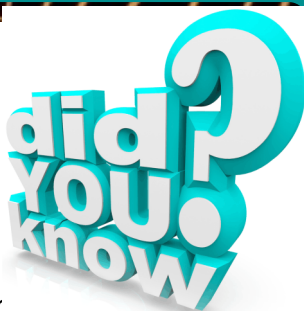
**K-5 LUNCH \$3.00**



## LIFE TIME FOUNDATION™

Healthy school meals and nutrition  
education brought to you in partnership  
with the Life Time Foundation  
[www.ltffoundation.org](http://www.ltffoundation.org)

Over 90%  
of our  
menu items,  
meet the  
clean label  
requirements  
as part of our  
partnership with  
Life Time Foundation.  
Check the list online:



<https://www.rcsdk8.org/menus>

**Monday, October 1**

CHEESEBURGER  
OR  
EL POLLO TAQUITO

**Tuesday, October 2**

CHICKEN NUGGETS  
OR  
BEEF TACO

**Wednesday, October 3**

TERIYAKI CHICKEN  
DRUMSTICK OR  
CHICKEN PATTY SANDWICH

**Thursday, October 4**

CHEESE PIZZA  
OR  
ORANGE CHICKEN BOWL

**Friday, October 5**

CRUNCHY FISH STICKS  
AND "CHIPS" OR  
MACARONI & CHEESE  
COOKIE

**Monday, October 8**

CHICKEN NUGGETS  
OR  
GRILLED CHEESE SANDWICH

**Tuesday, October 9**

CHEESE PIZZA  
OR  
BEEF TACO

**Wednesday, October 10**

BREAKFAST FOR LUNCH  
OR  
BBQ CHICKEN DRUMSTICK

**Thursday, October 11**

BEAN & CHEESE BURRITO  
OR  
BEEF HOT DOG

**Friday, October 12**

CRUNCHY FISH STICKS  
AND "CHIPS" OR  
CHEESE ENCHILADAS  
COOKIE

**Monday, October 15**

CHEESEBURGER  
OR  
EL POLLO TAQUITO

**Tuesday, October 16**

CHICKEN NUGGETS  
OR  
BEEF TACO

**Wednesday, October 17**

TERIYAKI CHICKEN  
DRUMSTICK OR  
CHICKEN PATTY SANDWICH

**Thursday, October 18**

EL POLLO TAQUITO  
OR  
CHICKEN PATTY SANDWICH

**Friday, October 19**

MACARONI & CHEESE OR  
CRUNCHY FISH STICKS  
AND "CHIPS"  
BIG SPOON YOGURT

**Monday, October 22**

CHICKEN NUGGETS  
OR  
GRILLED CHEESE SANDWICH

**Tuesday, October 23**

CHEESE PIZZA  
OR  
BEEF TACO

**Wednesday, October 24**

BREAKFAST FOR LUNCH  
OR  
BBQ CHICKEN DRUMSTICK

**Thursday, October 25**

BEAN & CHEESE BURRITO  
OR  
BEEF HOT DOG

**Friday, October 26**

CRUNCHY FISH STICKS  
AND "CHIPS" OR  
CHEESE ENCHILADAS  
COOKIE

**Monday, October 29**

CHEESEBURGER  
OR  
EL POLLO TAQUITO

**Tuesday, October 30**

CHICKEN NUGGETS  
OR  
BEEF TACO

**Wednesday, October 31**

TERIYAKI CHICKEN  
DRUMSTICK OR  
CHICKEN PATTY SANDWICH  
HOLIDAY COOKIE

