

MENUS FOR OCTOBER 2018

AVAILABLE DAILY

*Every complete meal we
serve comes with choice of
entrée, garden bar and
choice of low fat white or
chocolate milk.*

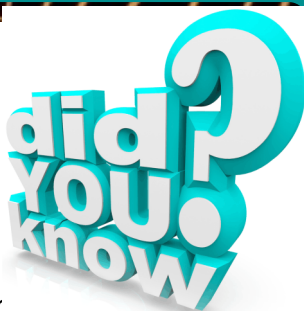
K-5 LUNCH \$3.00



LIFE TIME FOUNDATION™

Healthy school meals and nutrition
education brought to you in partnership
with the Life Time Foundation
www.ltffoundation.org

Over 90%
of our
menu items,
meet the
clean label
requirements
as part of our
partnership with
Life Time Foundation.
Check the list online:



<https://www.rcsdk8.org/menus>

Monday, October 1

CHEESEBURGER
OR
EL POLLO TAQUITO

Tuesday, October 2

CHICKEN NUGGETS
OR
BEEF TACO

Wednesday, October 3

TERIYAKI CHICKEN
DRUMSTICK OR
CHICKEN PATTY SANDWICH

Thursday, October 4

CHEESE PIZZA
OR
ORANGE CHICKEN BOWL

Friday, October 5

CRUNCHY FISH STICKS
AND "CHIPS" OR
MACARONI & CHEESE
COOKIE

Monday, October 8

CHICKEN NUGGETS
OR
GRILLED CHEESE SANDWICH

Tuesday, October 9

CHEESE PIZZA
OR
BEEF TACO

Wednesday, October 10

BREAKFAST FOR LUNCH
OR
BBQ CHICKEN DRUMSTICK

Thursday, October 11

BEAN & CHEESE BURRITO
OR
BEEF HOT DOG

Friday, October 12

CRUNCHY FISH STICKS
AND "CHIPS" OR
CHEESE ENCHILADAS
COOKIE

Monday, October 15

CHEESEBURGER
OR
EL POLLO TAQUITO

Tuesday, October 16

CHICKEN NUGGETS
OR
BEEF TACO

Wednesday, October 17

TERIYAKI CHICKEN
DRUMSTICK OR
CHICKEN PATTY SANDWICH

Thursday, October 18

CHEESE PIZZA
OR
ORANGE CHICKEN BOWL

Friday, October 19

MACARONI & CHEESE OR
CRUNCHY FISH STICKS
AND "CHIPS"
BIG SPOON YOGURT

Monday, October 22

CHICKEN NUGGETS
OR
GRILLED CHEESE SANDWICH

Tuesday, October 23

CHEESE PIZZA
OR
BEEF TACO

Wednesday, October 24

BREAKFAST FOR LUNCH
OR
BBQ CHICKEN DRUMSTICK

Thursday, October 25

BEAN & CHEESE BURRITO
OR
BEEF HOT DOG

Friday, October 26

CRUNCHY FISH STICKS
AND "CHIPS" OR
CHEESE ENCHILADAS
COOKIE

Monday, October 29

CHEESEBURGER
OR
EL POLLO TAQUITO

Tuesday, October 30

CHICKEN NUGGETS
OR
BEEF TACO

Wednesday, October 31

TERIYAKI CHICKEN
DRUMSTICK OR
CHICKEN PATTY SANDWICH
HOLIDAY COOKIE

