

Menus for NOVEMBER 2021 ROSEVILLE CITY SCHOOL DISTRICT

RCSD is an equal opportunity provider
Menus are subject to change



AVAILABLE DAILY

Every complete meal we serve comes with the choice of entrée, fruits, veggies and your choice of low fat white or chocolate milk.



Monday
Breakfast
CHEESE BREADSTICKS
OR
CONTINENTAL
BREAKFAST

Lunch
PEPPERONI PIZZA
OR
CHEESE PIZZA

Tuesday
Breakfast
PIGLETS IN A
BLANKET
OR
CONTINENTAL
BREAKFAST

Lunch
CHICKEN NUGGETS
OR
GRILLED CHEESE

Wednesday
Breakfast
BREAKFAST PIZZA,
OR
CONTINENTAL
BREAKFAST
Lunch
CORN DOG
OR
BEAN AND CHEESE
BURRITO

Thursday
Breakfast
FRENCH TOAST
STICKS
OR
CONTINENTAL
BREAKFAST
Lunch
TURKEY TACO
POCKET
OR
GRILLED CHEESE
BURRITO

Friday
Breakfast
EGG AND CHEESE
BREAKFAST TACO
OR
CONTINENTAL
BREAKFAST
Lunch
CHEESEBURGER
SLIDERS
OR
BEAN AND CHEESE
BURRITO
COOKIE

DON'T GET!
To make a lunch,
choose at least one

Fruit/Juice or **Veggie**

Grains **Milk** **Protein**

Fruit/Juice **and 3-5 items total** **Vegetables**

Word of the Month

hum·ble

adj. 1. marked by modesty in behavior or attitude 2. not arrogant; lacking in false pride 3. unpretentious