Menus for SEPTEMBER 2019

ROSEVILLE CITY SCHOOL DISTRICT

RCSD is an equal opportunity provider. Menus are subject to change.

★ Our Nation's History ★

hrista McAuliffe was a high school teacher in New Hampshire when she was chosen from more than 11,000 applicants to be the first teacher in space. She, along with six other crew members, was killed when the Space Shuttle Challenger broke apart soon after taking off on January 28, 1986. She had taught Social Studies and even designed a class for her students called "The American Woman." Christa was born on September 2, 1948 and would have been 70 years old this month.



Www.EZMealApp.com Monday, September 2 **Tuesday**, September 3 Wed., September 4 Thursday, September 5 Friday, September 6 **Breakfast Breakfast** Breakfast **Breakfast** FRENCH TOAST. BREAKFAST PIZZA. BREAKFAST TACO. COFFEE CAKE. YOGURT PARFAIT ORANGE SCONE. STRAWBERRY SMOOTHIE STRAWBERRY SMOOTHIE **YOGURT PARFAIT** WITH BENEFIT BAR WITH BENEFIT BAR OR **CONTINENTAL BREAKFAST** OR OR OR CONTINENTAL BREAKFAST CONTINENTAL BREAKFAST CONTINENTAL BREAKFAST ABOR Lunch CHICKEN NUGGETS <u>Lunch</u> Orange Chicken Bowl Lunch Lunch CHICKEN PATTY SANDWICH FISH & CHIPS OR OR OR OR DA Y CHEESE BREADSTICKS WITH CHEESE PIZZA **CHEESE ENCHILADAS GRILLED CHEESE SANDWICH** MARINARA SAUCE No School COOKIE Wed., September II Monday, September 9 Tuesday, September 10 Thursday, September 12 Friday, September 13 Breakfast Breakfast **Breakfast** Breakfast ZUCCHINI BREAD. PIGS IN A BLANKET, **CINNAMON ROLL** CHEESE BREADSTICKS CHOCOLATE CHIP SCONE STRAWBERRY SMOOTHIE ORANGE SCONE, YOGURT PARFAIT **YOGURT PARFAIT** WITH BENEFIT BAR OR OR LOSED CONTINENTAL BREAKFAST CONTINENTAL BREAKFAST OR OR CONTINENTAL BREAKFAST CONTINENTAL BREAKFAST Lunch Lunch Lunch Lunch Nn CHICKEN NUGGETS **BBQ CHICKEN DRUM STICK** CORN DOG **BEEF TACO** OR OR OR **School BREAKFAST FOR LUNCH GRILLED CHEESE BEAN & CHEESE BURRITO CHEESE PIZZA** Todav

AVAILABLE DAILY

Every complete meal we serve

comes with choice of entrée, garden

bar and your choice of low fat white

or non-fat chocolate milk.

Breakfast \$1.25

Lunch \$3.00

ATTENTION:

Pay for meals on-line

at EZSchoolPay.com.

Apply on-line for free

and reduced-price

meals at

ſ	Monday, September 16	Tuesday, September 17	Wed., September 18	Thursday, September 19	Friday, September 20	
	<u>Breakfast</u>	Breakfast	<u>Breakfast</u>	Breakfast	Breakfast	
	BENEFIT BAR FULL SIZE,	FRENCH TOAST,	BREAKFAST PIZZA,	BREAKFAST TACO,	COFFEE CAKE,	
	CHOCOLATE CHIP SCONE Or	YOGURT PARFAIT Or	ORANGE SCONE, Yogurt Parfait	STRAWBERRY SMOOTHIE WITH BENEFIT BAR	STRAWBERRY SMOOTHIE WITH BENEFIT BAR	HALF FRUITS AND VEGET AGE SON
	CONTINENTAL BREAKFAST	CONTINENTAL BREAKFAST	OR	OR	OR	HALL DE THE VOID
			CONTINENTAL BREAKFAST	CONTINENTAL BREAKFAST	CONTINENTAL BREAKFAST	
						Date?
	Lunch	Lunch	Lunch	Lunch	Lunch	
	CHEESEBURGER OR	CHICKEN NUGGETS	CHICKEN PATTY SANDWICH	ORANGE CHICKEN BOWL Or	FISH & CHIPS Or	
	BEAN & CHEESE BURRITO	OR GRILLED CHEESE SANDWICH	OR CHEESE BREADSTICKS WITH	CHEESE PIZZA	CHEESE ENCHILADAS	
	DEAN & CHEESE DOMINIO		MARINARA SAUCE			
					COOKIE	Zy Conter
L						STIP WHOLE PROT DAIRY
ſ	Monday, September 23	Tuesday, September 24	Wed., September 25	Thursday, September 26	Friday, September 27	
ſ	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	What does
-	ZUCCHINI BREAD,	PIGS IN A BLANKET,	CINNAMON ROLL,	CHEESE BREADSTICKS,	BREAKFAST PIZZA,	
	CHOCOLATE CHIP SCONE	YOGURT PARFAIT	ORANGE SCONE,	STRAWBERRY SMOOTHIE	STRAWBERRY SMOOTHIE	a pickle
	OR Continental breakfast	OR Continental breakfast	YOGURT PARFAIT Or	WITH BENEFIT BAR Or	WITH BENEFIT BAR Or	start out
			CONTINENTAL BREAKFAST	CONTINENTAL BREAKFAST	CONTINENTAL BREAKFAST	
						as and A VIA A
	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	how
	CHICKEN NUGGETS	BEEF TACO	BBQ CHICKEN DRUM STICK	CORN DOG	TURKEY SANDWICH	
	OR BEAN & CHEESE BURRITO	OR CHEESE PIZZA	OR Breakfast for lunch	OR GRILLED CHEESE	OR MACARONI & CHEESE	does
	DLAN & CILLSE DURNITO				HACANONI & CILLISE	
					COOKIE	it become
L						a pickle?
[Monday, September 30				MARINA	
	Breakfast		ohnny Apple			A: Pickles begin life as cucumbers, which are made into pickles
	BENEFIT BAR FULL SIZE,	A CONTRACT AND AND A	real name wa			by soaking in a solution of salt, vinegar, and flavors like dill and garlic. Lots of other foods are "pickled" by this process,
	CHOCOLATE CHIP SCONE	A COL	🦰 🌙 Chapman. H	Ie was 🦷 🦲		too, like sauerkraut and pickled peppers, to name just two!
	OR Continental breakfast	born on September 26, 1774.				Learn more at www.CHOOSEMYPLATE.gov or
		He was a "nurseryman,"				http://kidshealth.org/kid/stay healthy/food/pyramid.html
		someone who plants and				
	Lunch	tends trees. He got his				
	CHEESEBURGER	nickname by introducing the				
	OR BEAN & CHEESE BURRITO	apple tree to large parts of				
	DLAN & CHEESE DUNNILU	ALL AN		20 00000000000000000000000000000000000		
		1 Martin	Ohio, Indiana, and	i Illinois.		