

Menus for

NOVEMBER 2019

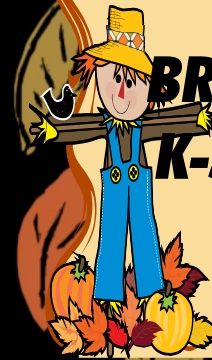
ROSEVILLE CITY SCHOOL DISTRICT

RCSD is an equal opportunity provider
Menus are subject to change



AVAILABLE DAILY

Every complete meal we serve comes with the choice of entrée, garden bar and your choice of low fat white or chocolate milk.



BREAKFAST \$1.25
K-5 LUNCH \$3.00

Monday, November 4

Lunch
CHICKEN NUGGETS
OR
BEAN & CHEESE BURRITO

Tuesday, November 5

Lunch
BEEF TACO
OR
CHEESE PIZZA

Wednesday, November 6

Lunch
BBQ CHICKEN DRUMSTICK
OR
BREAKFAST FOR LUNCH

Thursday, November 7

Lunch
TURKEY & GRAVY WITH
MASHED POTATOES
OR
GRILLED CHEESE

Friday, November 8

Lunch
TURKEY SANDWICH
OR
MACARONI & CHEESE

COOKIE

Monday, November 11

**No school
in observance
of
Veterans day**
*PLEASE JOIN US IN
SAYING THANKS TO
THOSE WHO HAVE
SERVED THE CAUSE OF
FREEDOM*

Tuesday, November 12

Lunch
CHICKEN NUGGETS
OR
GRILLED CHEESE

Wednesday, November 13

Lunch
CHICKEN PATTY SANDWICH
OR
CHEESE BREADSTICKS WITH
MARINARA SAUCE

Thursday, November 14

Lunch
ORANGE CHICKEN BOWL
OR
CHEESE PIZZA

Friday, November 15

Lunch
FISH & CHIPS
OR
CHEESE
ENCHILADAS

COOKIE

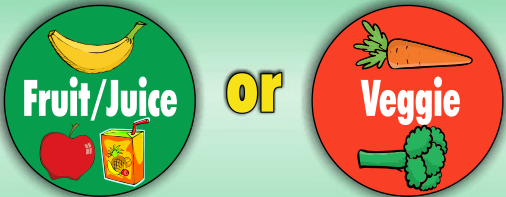
Word of the Month

hum·ble

adj. 1. marked by modesty in behavior or attitude 2. not arrogant; lacking in false pride 3. unpretentious

DON'T 4 GET!

To make a lunch,
choose at least one



PLAY TOGETHER.

Think it's tough to get that 30 minutes of exercise most days that experts recommend for good health? It's a lot easier to do with a partner, and it's easier still with an entire family-YOURS!



And Thanksgiving weekend is the perfect time to start!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, November 18

Lunch
CHICKEN NUGGETS
OR
BEAN & CHEESE BURRITO

Tuesday, November 19

Lunch
BEEF TACO
OR
CHEESE PIZZA

Wednesday, November 20

Lunch
BBQ CHICKEN DRUMSTICK
OR
BREAKFAST FOR LUNCH

Thursday, November 21

Lunch
TURKEY & GRAVY WITH
MASHED POTATOES
OR
GRILLED CHEESE

Friday, November 22

Lunch
TURKEY SANDWICH
OR
MACARONI & CHEESE

HOLIDAY COOKIE

Thanksgiving

ENJOY YOUR HOLIDAY!!

NO SCHOOL-NOVEMBER 25TH -29TH!

SEE YOU BACK ON DECEMBER 2ND!!