

Menus for SEPTEMBER 2026

Roseville City School District

This institution is an equal opportunity provider. Menus are subject to change.

YOU'RE GOOD
ALL STUDENTS EAT
ALL MEALS @ NO COST
AGAIN THIS YEAR

A Note from Child Nutrition

Every complete meal we serve comes with choice of entrée, garden bar and your choice of low fat white or nonfat chocolate milk.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

NUTRITION TO GO

Macaroni and Cheese is another kids' favorite that, like pizza, may have a worse nutritional reputation than it deserves. Today's healthier Mac 'n' Cheese is typically made with lower-fat cheese, which cuts the total fat content down to around 30% of calories. It's loaded with calcium and contains fiber, too!

A QUICK BITE FOR PARENTS

Tuesday, September 1	Wednesday, September 2	Thursday, September 3	Friday, September 4
Breakfast YOGURT PARFAIT OR SCONE OR CONTINENTAL BREAKFAST Lunch CHEESE PIZZA OR CHICKEN TACO OR CHEF SALAD	Breakfast MINI WAFFLES OR HOT OATMEAL W/ BERRIES OR CONTINENTAL BREAKFAST Lunch MACARONI & CHEESE OR CHICKEN SANDWICH OR CHICKEN CAESAR SALAD	Breakfast EGG-CELLENT BITES WITH SAUSAGE & CHEESE OR CINNI MINIS OR CONTINENTAL BREAKFAST Lunch CHEESY BREADSTICKS OR ORANGE CHICKEN RICE BOWL OR MEDITERRANEAN SALAD	Breakfast FRENCH TOAST STICKS OR CEREAL OR CONTINENTAL BREAKFAST Lunch GRILLED CHEESE SANDWICH OR CHICKEN TENDERS OR ASIAN CHICKEN SALAD COOKIE

Monday, September 7	Tuesday, September 8	Wednesday, September 9	Thursday, September 10	Friday, September 11
	Breakfast EGG-CELLENT BITES WITH SAUSAGE & CHEESE OR MINI PANCAKES OR CONTINENTAL BREAKFAST Lunch CHEESE PIZZA OR BEEF & CHEESE TACO OR CHEF SALAD	Breakfast FIESTA BREAKFAST BURRITO OR CEREAL OR CONTINENTAL BREAKFAST Lunch BEAN AND CHEESE PUPUSA OR CHEESEBURGER OR CHICKEN CAESAR SALAD	Breakfast TAQUITO WITH POTATO & CHEESE OR HAPPY HARD BOILED EGG OR CONTINENTAL BREAKFAST Lunch CHEESY BREADSTICKS OR TERIYAKI CHICKEN NOODLE OR MEDITERRANEAN SALAD	Breakfast CINNAMON ROLL OR CEREAL OR CONTINENTAL BREAKFAST Lunch BEAN & CHEESE BURRITO OR CRUNCHY FISH STICKS & CHIPS OR ASIAN CHICKEN SALAD COOKIE

Monday, September 14	Tuesday, September 15	Wednesday, September 16	Thursday, September 17	Friday, September 18
Breakfast SUNRISE BREAKFAST SANDWICH OR CEREAL OR CONTINENTAL BREAKFAST Lunch BREAKFAST FOR LUNCH (FRENCH TOAST, HASHBROWN & YOGURT) OR ROTINI WITH MEAT SAUCE OR TACO SALAD	Breakfast YOGURT PARFAIT OR SCONE OR CONTINENTAL BREAKFAST Lunch CHEESE PIZZA OR CHICKEN TACO OR CHEF SALAD	Breakfast MINI WAFFLES OR HOT OATMEAL W/ BERRIES OR CONTINENTAL BREAKFAST Lunch MACARONI & CHEESE OR CHICKEN SANDWICH OR CHICKEN CAESAR SALAD	Breakfast EGG-CELLENT BITES WITH SAUSAGE & CHEESE OR CINNI MINIS OR CONTINENTAL BREAKFAST Lunch CHEESY BREADSTICKS OR ORANGE CHICKEN RICE BOWL OR MEDITERRANEAN SALAD	Breakfast FRENCH TOAST STICKS OR CEREAL OR CONTINENTAL BREAKFAST Lunch GRILLED CHEESE SANDWICH OR CHICKEN TENDERS OR ASIAN CHICKEN SALAD COOKIE

Monday, September 21	Tuesday, September 22	Wednesday, September 23	Thursday, September 24	Friday, September 25
Breakfast CHEESY BREADSTICKS OR HOT OATMEAL W/ BERRIES OR CONTINENTAL BREAKFAST Lunch BREAKFAST FOR LUNCH (FRENCH TOAST, HASHBROWN & YOGURT) OR TURKEY & CHEESE SANDWICH OR TACO SALAD	Breakfast EGG-CELLENT BITES WITH SAUSAGE & CHEESE OR MINI PANCAKES OR CONTINENTAL BREAKFAST Lunch CHEESE PIZZA OR BEEF & CHEESE TACO OR CHEF SALAD	Breakfast FIESTA BREAKFAST BURRITO OR CEREAL OR CONTINENTAL BREAKFAST Lunch BEAN AND CHEESE PUPUSA OR CHEESEBURGER OR CHICKEN CAESAR SALAD	Breakfast TAQUITO WITH POTATO & CHEESE OR HAPPY HARD BOILED EGG OR CONTINENTAL BREAKFAST Lunch CHEESY BREADSTICKS OR TERIYAKI CHICKEN NOODLE BOWL OR MEDITERRANEAN SALAD	Breakfast CINNAMON ROLL OR CEREAL OR CONTINENTAL BREAKFAST Lunch BEAN & CHEESE BURRITO OR CRUNCHY FISH STICKS & CHIPS OR ASIAN CHICKEN SALAD COOKIE

Monday, September 28	Tuesday, September 29	Wednesday, September 30
Breakfast SUNRISE BREAKFAST SANDWICH OR CEREAL OR CONTINENTAL BREAKFAST Lunch BREAKFAST FOR LUNCH (FRENCH TOAST, HASHBROWN & YOGURT) OR ROTINI WITH MEAT SAUCE OR TACO SALAD	Breakfast YOGURT PARFAIT OR SCONE OR CONTINENTAL BREAKFAST Lunch CHEESE PIZZA OR CHICKEN TACO OR CHEF SALAD	Breakfast MINI WAFFLES OR HOT OATMEAL W/ BERRIES OR CONTINENTAL BREAKFAST Lunch MACARONI & CHEESE OR CHICKEN SANDWICH OR CHICKEN CAESAR SALAD

